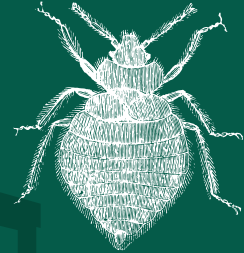
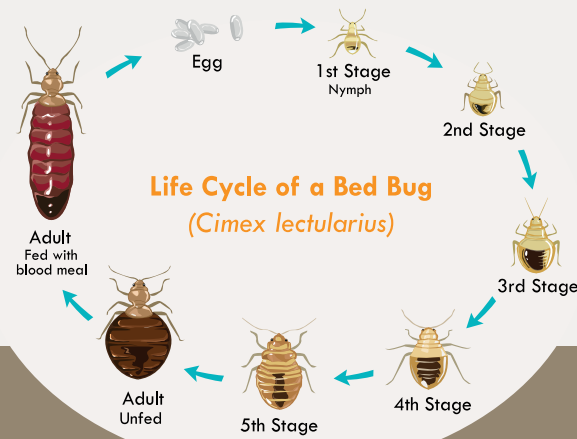


PEST MANAGEMENT

BE BED BUG AWARE



Pest Identification
Report Pest at First sight
Prepare for the Day of Treatment
After the Treatment
Pest Prevention



Identification

- Size from 1 mm to 5 mm.
- Compare it to an apple seed.
- Eggs are white 1 mm in size.
- Fecal spots are black.
- Found near resting areas like the head of the bed and couch.
- They are usually hiding in cracks and holes.
- Attracted to body heat and breathing.
- Feed on blood.
- Bites may or may not leave a mark on your body.
- Look for blood stains on sheets.
- Check all sleeping and sitting areas.
- Call Ottawa Community Housing (OCH) at sightings of bed bugs.

Report Bed Bugs

Call OCH 613-731-1182 (option 2) at first sight of any pest problems.

OCH will visit your home to assess and confirm next steps for treatment.

During the 1st visit:

If pests are found during the assessment visit:

- OCH will conduct a chemical free treatment: it may include vacuuming, steaming, mattress encasement/cover, adding monitors...
- OCH staff will confirm and schedule a new appointment if additional treatments are needed.

Prepare for the Day of Treatment Checklist

- Heat treat all infested items for 40 minutes in a dryer.
- Seal all heated items in a new plastic bags. Place in the middle of the room.
- Remove the clutter and all loose articles from the floor in all rooms and furniture.
- Move furniture away from the walls.
- Remove dust and infestations with a vacuum. Dispose of the vacuum bag immediately.

Infested furniture must be bagged (or wrapped) before removing from your home. **Call OCH at 613-731-1182 (option 2) before removing any infested furniture or if you need help with preparing your home for treatment.**



Day Of The Treatment

To have a greater chance of success, please follow every steps.

- If you have not prepared or you are not ready for treatment please call OCH at 613-731-1182 (option 2) before the pest technician arrives.
- Wait for the technician to arrive (maximum wait 4h) or make arrangements for us to access your home and give us a phone number where we can reach you.

If a Pesticide Treatment is Needed

- Review **Prepare for the Day of Treatment Checklist**.
- Remove your pet(s) from your home before treatment.
- Stay out of your home for at least 4hours to 6hours.
- Pregnant women, infants and people suffering from kidney, liver or respiratory problems should not return to the treated home for 24hours. The product is water based and needs to dry

After The Treatment

- Open the windows to let in fresh air.
- Keep non-essential linens and clothing in bags until after the second treatment.

- Keep your home clean and vacuum often. Vacuum infestations and empty the vacuum or dispose of the bag immediately.
- Only spot wash floors.
- Do not remove the bed bug mattress covers.

Pest Prevention

- Keep sleeping areas uncluttered.
- Do not store items on and around the bed.
- Vacuum the bed and resting areas regularly.
- Don't take in discarded furniture.
- Place or keep the OCH supplied pest monitors around the bed and legs.
- Inspect sleeping areas and monitors weekly.
- Fold clean laundry in your home.
- Inform OCH of infested furniture left in hallways.

Go to www.och-lco.ca for more information.



Ottawa Community Housing

www.och-lco.ca | info@och.ca



613-731-1182